

## Prayer Walks Through Our Community

### Before you go out to walk:

1. Read Scripture: Read Matthew 28 and Acts chapter 1 to remember how the early Christian Church went out into the world with the Good News.
2. Watch a video: “God’s Glasses”... on You Tube.
3. Pray for God’s guidance and an open heart before the beginning of the Prayer walk.
4. Choose a place to walk.

### For your walk:

1. Just listen to the Spirit.
2. Walk slowly and observe.
3. Pray for houses and businesses as you go by, both for the people in the house and that our church can reach people in those houses and businesses
4. Pray for issues you know are important in our community
5. If you see someone it is fine to engage that person in conversation
6. But the most important thing is to simply walk and let God work on your heart.
7. If you are prayer walking with a friend, maintain a prayerful stance (don’t chit-chat).

### After the Walk ~ Reflect:

1. What did I see? Was there something that surprised me?
2. How did I sense the Spirit working on me?
3. What do I need to pray about because I walked?
4. Is there a story of my walk that I can share with the church family?

### In the Weeks Ahead:

1. Invite another church member to go on a walk with you.
2. Pray over a map of the region, asking for God’s blessings
3. Make a list of community needs and pray over them

4. Pray about one person you know that you could invite to an upcoming church activity.

## How to Do a Neighborhood Prayer Walk

This is our challenge for the week of September 16

Today, people in neighborhoods often don’t know each other well; there is a lack of community. Our church members can organize neighborhood gatherings and get to know to people better.

Here is how to do it:

- 1) Pick out one church member who lives in a neighborhood. This can be a Vitality Team member or a church member.
- 2) The rest of the Team helps the member put on a neighborhood gathering.
- 3) The gathering can be a cook-out; cookie exchange, pot-luck, soup exchange, etc. Be creative.
- 4) Vitality Team members personally deliver invitations to neighbors announcing a “get to know each other” party.
- 5) Team members bring food and help serve as hosts.
- 6) The only agenda is to get to know people. Treat folk like “people” not “projects”. Don’t jump on people with a “church agenda”. Let the conversations develop naturally.
- 7) As people have a good time, suggest that people get together again.